Welcome to NCRA’s student quarterly, *Up-to-Speed*, featuring insights and tips especially for court reporting and captioning students. In this issue, students discuss their New Year’s resolutions and NCRA prepares to celebrate the 2018 Court Reporting & Captioning Week.

**Student Spotlight**

*A Little Help from Your Friends*

Amelia Bradley, Lindsey NiBlack, and Stephen Shea started together at Brown College of Court Reporting in Atlanta, Ga., in the summer of 2016 and have since formed a bond of friendship that has been a vital support system throughout their time at school. They sat down to interview each other to discuss how far they had come and where they plan to go.

Read more.

Do you know a student or students who should be in the spotlight? Let us know. Students in the spotlight must currently attend an NCRA-approved court reporting program.

**Happy New Year**

*Students Resolve to Work Hard and Graduate*

It’s 2018: Have you made your New Year’s resolutions yet? *Up-to-Speed* reached out to court reporting students to ask them about their resolutions and goals for the upcoming year. See what your fellow students want to accomplish this year and how they plan to do it.

Read more.

**7 Tips for Achieving Your Goals**

By Kay Moody – It’s a new year, and you’ve made a New Year’s resolution to practice more, buckle down, and make
progress in machine shorthand. Every successful person will tell you that the secret to success is setting goals and working toward meeting those goals in an organized and timely manner. Here are seven tips to help you succeed.

Read more.

Read Your Way to Excellence

To be successful, reporters need to be familiar with the English language and with the meanings and spellings of as many words as possible. Caroline R. Castle has a method for building a strong vocabulary: reading. She explains how to build reading into your schedule and use it to your advantage.

Read more.

We Want to Hear from You!

Who or what inspired you to become a court reporter or captioner? Fill out our short questionnaire and we may feature you in our March issue.

Share your thoughts

2018 Court Reporting & Captioning Week

Schools Celebrate Court Reporting & Captioning Week

NCRA has declared Feb. 10-17 the sixth annual National Court Reporting & Captioning Week! NCRA encourages all schools to get involved in Court Reporting & Captioning Week by highlighting the contributions of stenographic
court reporters and captioners to society. Here are some ways court reporting and captioning schools are already planning to celebrate.

Read more.

Go for the Gold in NCRA’s Olympic Student Speed Contest!

During Court Reporting & Captioning Week, Feb. 10-17, students will get the chance to compete for a spot on the podium. Pass a Literary or Q&A test with 96 percent accuracy, and you could go home with the gold (or the silver or bronze). Prizes include a copy of the RPR Study Guide, a student membership, and a leg of the RPR Skills Test.

Read more.

Grants and Scholarships

NCRA Announces the Opening of the CASE Scholarship

NCRA will issue a call for scholarship applications on Feb. 1. Students must currently be attending an NCRA-approved court reporting program and hold student membership in NCRA. The top award is $1,500; second award, $1,000; third award, $750; fourth award, $500; and fifth award, $250.

Learn more.

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NCRF Announces Winners of Frank Sarli Memorial Scholarship and Student Intern Scholarships

Jared Orozco, a student from Sheridan Technical College in Hollywood, Fla., was named recipient of the 2017 Frank Sarli Memorial Scholarship. Summer Vaughan, a student from College of Court Reporting in Valparaiso, Ind., and Analisa Arnold from Gadsden State Community College in Gadsden, Ala., are the recipients of the 2017 Student Intern Scholarships. The three scholarship winners talk about what they like about court reporting and how they plan to put the funds to good use.

Read more.

Schools in the news

- Tri-C and Realtime Coach to host first national student realtime skills test competition
- NCRA student member featured graduation speaker
- DMACC students help pack meals for hurricane victims
- Jim Woitalla’s legacy continues with student scholarships
- Alfred State court reporting program ranked No. 1

Testing center

- Good luck to everyone taking the RPR Written Knowledge Test in January!
- The next RPR Written Knowledge Test registration period is April 9-23.
- The first quarter for the online RPR Skills Test opened Jan. 4 with new testing opportunities.
- Read the online skills testing FAQs.

Want to see your school in the news? Up-to-Speed is looking for news from court reporting programs to feature in our newsletter. Send ideas and information to schools@ncra.org.

Questions of the Month

How do you reward yourself after passing a test?
14.8% – The only reward is the knowledge that I’ve improved.
22.2% – I treat myself to something that I’ve been wanting.
40.7% – Who has time for rewards? Get back on that machine and pass another test!
22.2% – Happy hour anyone?

When it comes to my writer ...
33.3% – ... we’re best friends.
29.2% – ... I’m still learning the ropes.
12.5% – ... it’s out to get me; I know it!
25% – ... we have now reached synchronization. Beep boop!

What is your steno goal for 2018?

Become certified

Prepare a more focused practice plan and practice daily
<table>
<thead>
<tr>
<th>Transcribe every test</th>
<th>Select</th>
</tr>
</thead>
<tbody>
<tr>
<td>Find a mentor through NCRA’s Virtual Mentor Program</td>
<td>Select</td>
</tr>
<tr>
<td>Other</td>
<td>Select</td>
</tr>
</tbody>
</table>

What is your non-steno goal for 2018?

| Develop healthy eating habits | Select |
| Get fit and exercise regularly | Select |
| Focus on time management and get organized | Select |
| Go with the flow and not set any goals | Select |
| Other | Select |

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